

Lode Van Tente

Tijden

2021	Sen	800 m	2'04''08 (n-off)
		1500 m	4'12''61 (n-off)
		3000 m	9'10''54
		1500 m	4'09''15
2022	Sen	3000 m	8'51''40
		1500 m	4'01''40
		1500 m	3'58''44
2023	Sen	3000 m	8'30''30
		5000 m	14'43''40
		1500 m	3'55''74
2024	Sen	3000 m	8'21''35
		5000 m	14'34''96
		5000 m	14'17''49

